



Mental Health Literacy Module 1.2: ***Mental Health Literacy in Schools***

Implementation Tools

- [Mental Health Literacy Talking Points for School Leaders](#)
- [Wisconsin Mental Health Literacy Survey for Educators](#)
- [Organizational Mental Health Literacy Reflection](#)

Reflection Guide

Everyone

1. What are your goals as an educator? How can mental health literacy help move you towards those goals?
2. In one minute or less, describe why mental health literacy is an important part of a school's continuum of supports.

Mentors and Mentees

3. *Mentor:* One aspect of mental health literacy for educators is understanding how mental health impacts students in the classroom. Describe how this knowledge has shaped your classroom practices, including how you address difficult student behaviors.
4. *Mentee:* Identify one aspect of mental health literacy that you would like to improve. How will you go about gaining more knowledge or skill in that area?

School and District Mental Health Teams

5. What is one area of strength and one area for improvement for our staff's MHL? How do we know?
6. How do students and staff currently receive mental health literacy education? What resources, policies, and practices are needed to create a sustainable system for mental health literacy education?
7. Discuss your current universal mental health supports/mental health promotion efforts. How can you leverage those existing supports to increase mental health literacy and decrease the need for early intervention and treatment supports?



Wisconsin Department of Public Instruction
Student Services Section
Liz Krubsack, School Mental Health Consultant
201 West Washington Avenue
Madison, WI 53703
(608) 264-6719
Elizabeth.krubsack@dpi.wi.gov
<https://dpi.wi.gov/sspw/mental-health>

August 2025

The Wisconsin Department of Public Instruction does not discriminate on the basis of sex, race, color, religion, creed, age, national origin, ancestry, pregnancy, marital status or parental status, sexual orientation, or ability and provides equal access to the Boy Scouts of America and other designated youth groups.