



Assignment and Reflection Documentation Packet
Online Shadowing Program
For
Occupational Therapy Program Application

Developed by Cheryl B. Lucas, EdD, OTR/L
Program Director Entry-level OTD Program
Quinnipiac University
Hamden, CT

Candidates for Admission: Please complete this packet with your signature on each page to attest to your understanding of the OT profession and the various populations OT practitioners encounter.

MODULE 1

Complete this assignment after having read all materials and watched videos.

- I. What have learned about occupational therapy from watching the film and reading the power points?
- II. Does anything in the film excite you about pursuing occupational therapy as a profession?

MODULE 2

Complete this assignment after finishing all materials on the powerpoint.

I. Disabling Segregation: <https://www.youtube.com/watch?v=izkN5vLbnw8>

1. What is a mitochondrial disorder?
2. What were concerns of family for Samuel?
3. How do parents cope with disabilities in children?
4. What was Samuel's vision for his life?
5. What were some of the adaptive devices he used?
6. What are benefits of inclusion?

MODULE 2 (cont.)

II. Comment on the videos you watched during this module. What did you learn about play, and the role of OT with children?

MODULE 3

- I. Write a 1- 2-page reflection about *The Upside*. Include a brief summary of the characters and a discussion of the relationship between the two men. How was the relationship helpful? How was it hurtful? How was it beneficial to both?

Module 3 (cont.)

II. Complete Assignment “Mr. Connelly has ALS”

1. What is ALS (amyotrophic lateral sclerosis)? What is it caused by? What age group does it effect?

2. What daily activities were affected? (Circle all that apply)
 - Speech
 - Movement
 - Driving
 - Work
 - Socializing

3. How did the disease process effect the family?

4. Name two ways that Mr. Connelly was able to communicate with others.

5. How did Mr. Connelly make you feel?

MODULE 4

I. Complete the documentary Monica and David

1. How did Monica and David make you feel?
2. What are Monica's and David's goals and aspirations?
3. Return to Module 1 and review occupations, then answer question 4.
4. What occupations did each person engage in and what would they have liked to engage in?
5. Was it helpful for Monica and David to have such a supportive family? Why or why not?

MODULE 5

Complete Assignment *What's Eating Gilbert Grape?*

- I. Describe the characters in the film. What problems or issues are each of them facing?
- II. Review *The World Health Organization's Determinants of Health*. Do you think any of the items found in the determinants of health can explain the problems that the family in the film has encountered? How?

MODULE 6

- I. Write a two-page review of the Ted Talk and the Case Video. What do you think about using adaptive equipment? Is this an area of OT that interests you?